

**Balika Vidyapith Lakhisarai (811311)**

**CLASS- 5            SUBJECT- EVS**

**Based On NCERT**

**Date - 10/01/2021**

**Revision**

**A. Write the sources of the following vitamins.**

**1. Vitamin A :- .....**

**2. Vitamin B :- .....**

**3. Vitamin C :- .....**

**4. Vitamin D :- .....**

**5. Vitamin E :- .....**

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**Jyoti**